

Great Lent St Silouan of Athos Chapel February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Publican & Pharisee 6am Silent Prayer 7am Orthros 8:30am Divine Liturgy Triodion Starts	2 Meeting of Christ in Temple 7am Divine Liturgy at St Zoticos	3 5am Silent Prayer 8:30am Morning Prayer *** Psalms Study – via Zoom 7:30pm – 8:15pm	4 No Fast 5am Silent Prayer 12:30pm Noon Hours 4pm Vespers ** 6:30pm Bridges 8pm Compline	5 5am Silent Prayer 8:30am Morning Prayer 12:30pm Noon Hours 2pm Jesus Prayer	6 No Fast 5am Silent Prayer 7am Divine Liturgy 12:30pm Noon Hours 2pm Jesus Prayer	7 9:00am Morning Prayer
8 Prodigal Son 6am Silent Prayer 7am Orthros 8:30am Divine Liturgy	9 Leave of Meeting Desert Day	10 5am Silent Prayer 8:30am Morning Prayer *** Psalms Study – via Zoom 7:30pm – 8:15pm	11 5am Silent Prayer 12:30pm Noon Hours 4pm Vespers ** 6:30pm Bridges 8pm Compline	12 5am Silent Prayer 8:30am Morning Prayer 12:30pm Noon Hours 2pm Jesus Prayer	13 5am Silent Prayer 7am Orthros 12:30pm Noon Hours 2pm Jesus Prayer	14 ☩ Soul Saturday 8am Soul Saturday Divine Liturgy – Bring Koliva & names to be remembered
15 Sun. of The Last Judgment (Meatfare) 6am Silent Prayer 7am Orthros 8:30am Divine Liturgy	16 Meat Fast All Week Desert Day	17 5am Silent Prayer 8:30am Morning Prayer *** Psalms Study – via Zoom 7:30pm – 8:15pm	18 No Liturgy 5am Silent Prayer 12:30pm Noon Hours 4pm Vespers ** 6:30pm Bridges 8pm Compline	19 5am Silent Prayer 8:30am Morning Prayer 12:30pm Noon Hours 2pm Jesus Prayer	20 No Liturgy 5am Silent Prayer 7am Orthros 12:30pm Noon Hours 2pm Jesus Prayer	21 Holy Ascetic Fathers 9:00am Morning Prayer
22 Sun. Of Forgiveness (Cheesefare) 6am Silent Prayer 7am Orthros 8:30am Divine Liturgy 10 am - Typica with communion at St Zoticos 6:30pm Vesper Service of Forgiveness – We Start Lent Together	23 BEGINNING OF GREAT FAST 6:30pm Great Compline & Canon of St Andrew	24 5am Silent Prayer 8:30am Morning Prayer 6:30pm Great Compline & Great Canon	25 5am Silent Prayer 12:30pm Noon Hours 6:30pm Presanctified Liturgy	26 5am Silent Prayer 8:30am Morning Prayer 12:30pm Noon Hours 2pm Jesus Prayer	27 5am Silent Prayer 7am Orthros 12:30pm Noon Hours 6:30pm Presanctified Liturgy & blessing of Koliva followed by Silent Meal (see notes) & vigil for peace until midnight	28 Theodore Saturday 9:00am Morning Prayer

Notes:

*** Join us for Psalms Study – via Zoom Tuesdays 7:30pm – 8:15pm Register by e-mail, starosta@stjohnsmision.org

**Join us for 'Bridges Study Classes – In person' Led by Father Nicolaie Atitienei Wednesdays 6:30pm-8pm followed by Compline

Confession times and all other sacraments speak to Fr Nicolaie at info@stjohnsmision.org

Volunteers are needed to make the Silent Meal and bring it with them for service on Friday Evenings. Please speak with Fr Nicolaie if you can help.